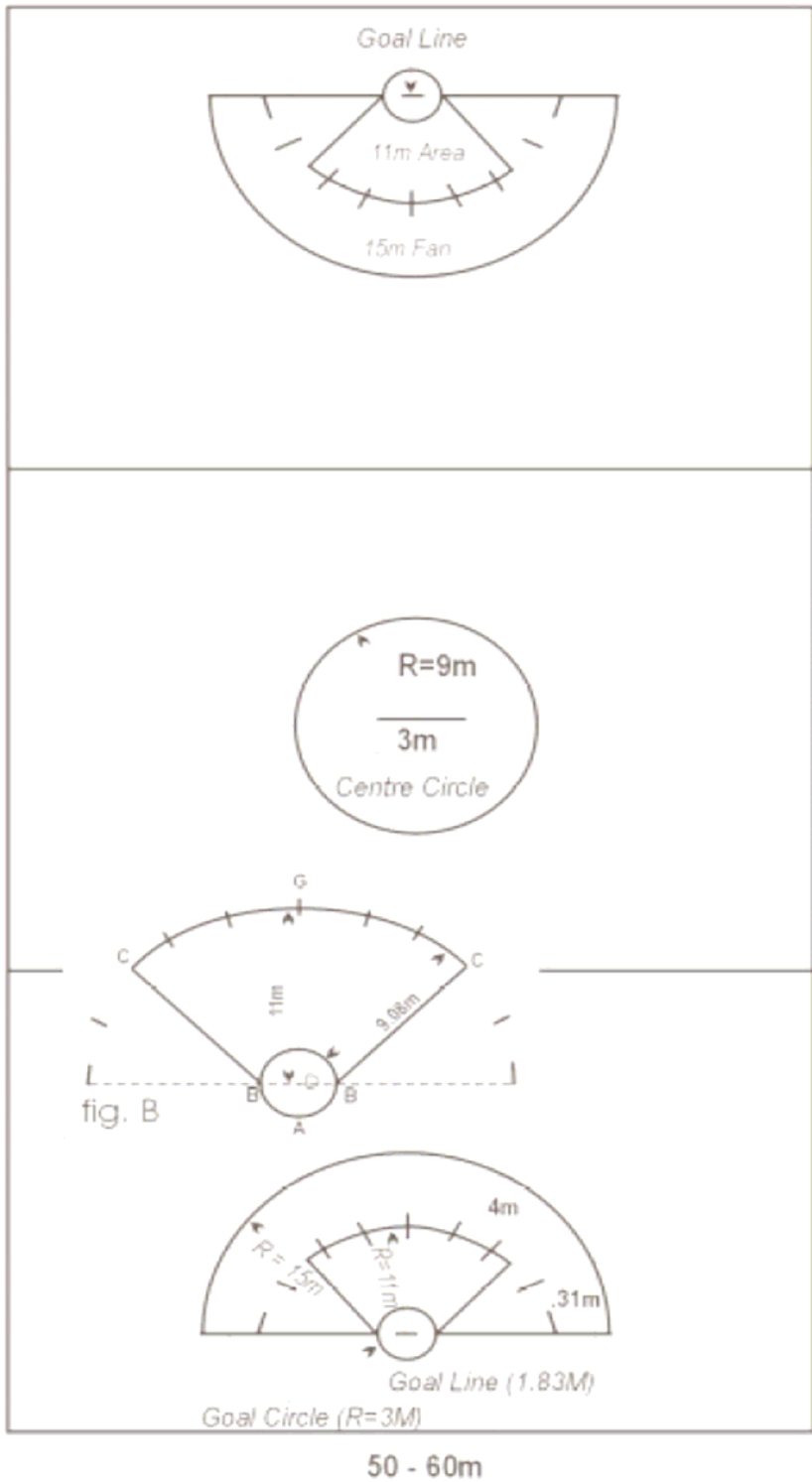




Lacrosse Women's



9-15 m

27m

82m minimum 92m ideal

27m

9-15 m

50 - 60m



Lacrosse Women's

Playing Field: - The playing area shall be rectangular and marked with a solid lined boundary. The field should be between 101m and 128m (110 to 140 yds.) from end line to end line; and between 55m and 64m (60 to 70 yds.) from sideline to sideline.

Goals: - The goals shall be placed no more than 92m (100 yds) and no less than 82m (90 yds) apart, measured from goal line to goal line. There must be a minimum of 9m (10 yds) and a maximum of 18m (20 yds) of space behind each goal line, extending to the end line and running the width of the field. There must be 4m of space between the sideline boundary and the scorer's table. There should be at least 4m of space between the other sideline and any spectator area. There should be 2m of space beyond each end line. Where these field dimension requirements are not or cannot be met due to field space limitations. However, the minimum distance of 9m (10 yds) of space from goal line to end line must be maintained. Soft/flexible cones or pylons may be used to mark the corners of the field.

Lines: - All lines are 5cm–10.1cm (2"-4") wide, except the goal line which shall be 5cm (2") wide. C. The restraining line, a solid line 27m (30yd) up field from each goal line, shall extend across the width of the field. It must be clearly distinguishable as the restraining line, for example, the only line on the field, or marked in a different colour, or marked with X's. Cones shall not be used for this purpose.

Centre of the Field: - There is a circle, radius 9m (30'), in the centre of the field and through the centre of this a line 3m (9'11") in length, parallel to the goal lines. E. Two arcs shall be marked 8m (26'4") and 12m (39'4") from the goal circles. The arcs shall be measured from the centre of the goal line 10.6m (34'10") for the 8 metre mark and 14.6m (47'9") for the 12 metre mark. The 8 metre arc shall end on a line on each side that runs from a point on each side of the goal circle, where, if the goal line were continued, would cross the goal line. This line will be at a 45-degree angle to the goal line extended. The 12 metre fan will end at the goal line extended.

The 8 metre arc will be sectioned off by hash marks 30.5cm (1') in length, perpendicular and bisecting the arc. These will be measured 4, 8, and 12 metres respectively from either side of the centre hash mark which shall be measured from the centre of and perpendicular to the centre of the goal line (10.6m/34'10"). Two additional 30.5cm (1') marks will be made 8 metres from the goal circle, perpendicular to the goal line extended.

Each team substitution area shall be defined by two cones placed next to and 2m (6'6") from the front edge and level with the scorer's table extended. H. The team bench area is defined as the area from the end of a team's substitution area to the team's restraining line.